Selected cytokines and morphological parameters of blood in patients with *Giardia intestinalis* or *Toxoplasma gondii*

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The study was performed in 48 patients infected with G. intestinalis, 40 infected with T. gondii and 40 healthy controls. Serum concentrations of IL-5, IL-6 and IL-12 and number of eosinophils, platelets, as well as their morphological parameters, were determined. Significantly higher concentrations of serum IL-5 in patients infected with G. intestinalis and T. gondii vs. control group were observed (respectively: $X=5,10\pm2,70, X=7,02\pm2,97 \text{ vs. } X=3,59\pm1,59, p<0,05).$ The same was observed with IL-6 concentration reaching the level of statistical significance with controls in comparison with patients infected with either parasite. The highest mean IL-6 concentration was observed in patients infected with G. intestinalis (X=6,11±4,80), however T. gondii infected patients (X=5,98±3,10) have also significantly higher IL-6 when comparing with control group (X=2,45±1,44). Concentration of IL-12 was significantly lower in the patients infected with G. intestinalis and T. gondii in comparison with the controls. The lowest mean IL-12 concentration was present in giardiasis patients (X=63,15±22,57), slightly higher in patients infected with toxoplasmosis (X=88,82±13,62), but highest values was noted in the controls (X=98,16 ±26,20). Significant differences were also observed in cosinophils number between Giardia and other study groups (p<0,05), with highest number in Giardia ($X=2,53\pm1,71$), lower in controls ($X=1,58\pm1,11$), and the lowest in toxoplasmosis group $(X=1,50\pm1,10)$. No differences have been found between the study groups when evaluating platelets number and their mean volume (MPV). However, we found that in both parasitic infections the platelet-large cell ratio (LPLT) and the platelet size deviation width (PDW) were significantly higher (P<0,05) than in controls group. To compare percentage of large platelet (LPLT) were observed, that in bouth G. intestinalis and T. gondii group the number of megathrombocytes were statistically significant increased. Significantly higher levels of IL-5 and IL-6 in the parasite infected patients might reflect the immunological activation of host organism. Influence of G. intestinalis infection is evident when evaluating differences in higher concentration of IL-6, lower concentration of IL-12 and higher number of eosinophils. In the course of toxoplasmosis were reported higher concentration of IL-5, increasing rate of anisocytosis and higher number of megathrombocytes.